**Apex High School - Student Brag Sheet**

Please select any 10 questions from the list below and return your typed responses to your counselor via hard or electronic copy. Please be sure to include your name.

*Your responses will help us accurately tell an admissions officer about you as an individual person/student.  We are looking for ways to describe you without parroting back the usual information most recommendations include like GPA, activities, and honors.  Please carefully consider your responses to the following questions as they are extremely valuable in helping us assist you through your college admission process.****We ask that you please fill this form out yourself; however, your parent/guardian is welcome to review your responses.*** *The more information you provide, the stronger the letter of recommendation can be.*

1. At this moment, what is your planned college major? Why are you interested in the field(s)? What type of job do you envision looking for after college? Why?
2. List the schools to which you are applying. What about these schools make them a good fit for you? Do you have a first choice? If so, why is it your first choice?
3. List three adjectives that best describe you and explain why, using concrete examples.
4. What are your academic strengths? Please provide an example.
5. List the top three extracurricular activities and include any leadership position you hold, projects you have done, the school years you were involved, the average number of hours each week, and why you enjoy the activity. Include any awards / honors earned.
6. Regardless of the grade received, what has/have been your favorite class? Why was it interesting?
7. What are some activities you hope to become/stay involved with in college?
8. What do you think you will be remembered for at Apex High? What is your legacy?
9. What are your personal strengths? Please provide two specific examples.

10. What two things have you learned about yourself through high school that will help you in the future?

11. What are the qualities that set you apart from your peers? Provide a specific example.

12. What would you describe as your most personally rewarding experience during high school? Why?

13. Describe any work or volunteer experience you have had. How has this impacted your future career/educational goals?

14. Describe a personal challenge you have faced and how you responded to it. How did this influence your personal outlook on life?

15. What two things would you want a college admission committee to know about you? Give detailed examples or relate a specific anecdote to explain.

(e.g. “I give 100% to everything I do no matter how easy or difficult it is for me and I always maintain a “stick-with-it” attitude. I focus on my strengths to keep working to perfect them. For example, I’ve taken French up to the AP-level and there were many times I truly struggled, but I persisted, studied harder, worked with my teacher and gave it may all, and while I didn’t earn the top grade, it felt great to know that I stuck with it and did my best”. **OR** e.g. “My commitment to my career goal is strong. Once I made the decision to pursue a career in health, I raised enough money (over $1,000) to fund a trip to Boston to participate in the 2013 Student Nursing Program. What a great experience! It solidified my career choice, and it made me even more committed to my academic program”).

16. What do you consider to be your most significant contribution to date in its value to your school or larger community? Why was it important to others? To you?

17. Is there anything you want the college admission officers to know about you that you have not covered in your application?